



Sun Protection Policy

Rowan tree Nursery is committed to ensuring that all children are fully protected from the dangers of too much sun. Severe sunburn in childhood can lead to the development of malignant melanoma - skin cancer in later life.

The following guidelines must be applied;

Sun cream will be applied using the guidelines below:

- Sun cream will be applied generously 15 to 30 minutes before going out. Sun cream will be applied to all exposed areas of skin including ears, back of the neck and eye lids.
- Sun cream will then be reapplied 30 minutes after sun exposure and thereafter sun cream will be applied every hour.
- Even on cloudy days sun cream will be applied, as the UV still passes through the clouds.

The children will not be allowed outside between 11.30am and 2pm as this is the hottest part of the day.

Areas of shade and drinks of water will be provided for children throughout their time outdoors. Any child who does not have sun screen will not be permitted to go outside in the sun, this is to prevent

Young babies will not be exposed to the direct sun.

During the colder months, September to April, we ask that parents ensure their child has suitable clothing and footwear in the nursery to allow them to participate in garden play and outdoor activities.

Children should have soft shoes to wear indoors and comfortable clothing.

Reviewed May 2012